



ASHLING

MONTHLY ASHLING NEWSLETTER

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**Pinktober Edition**



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INFO@ASHLINGCO.COM

# MEET

# Elise



## About

For over a decade, owner Elise has worked in the music industry. Six of those years were spent with rapper, artist, and producer, Mac Miller as his Tour Manager. In 2016 Elise and her partner, Saeed received a call from

The Lyric Theater asking them to elevate the backstage experience and catering for artists that would come into the DMV. Ashling was born.

Today, our restaurant located in Crofton, Maryland feeds locals and artists from all over the world.

## Her Journey

After a year of being open, in October 2020, Elise was diagnosed with stage 1B breast cancer. Elise and Saeed struggled to keep Elise healthy in the midst of COVID-19 while also keeping their young restaurant afloat. Thankfully, today, Elise is in remission and her passion is to uplift and support women battling with similar challenges.





ASHLING

A charity fundraiser  
promoting breast cancer awareness

# PINK-TOBER

Join us this October as we unite for a cause close to our hearts. Starting October 1st, you can enter to win one of our amazing raffle baskets – with 100% of the proceeds going directly to our chosen cancer charities. Winners will be selected on October 31st at noon!

OCTOBER  
**19 & 20**

*Pink-tober Brunch*

FOOD & DRINK  
SPECIALS

RAFFLE BASKETS

DONATIONS

VENDORS & MORE!



*Meet our Charities*



*No One Fights Alone*  
HELPING TO BRING COMFORT TO ADULT CANCER  
FIGHTERS SINCE 2017

**SUPPORTING THE FIGHTERS,  
ADMIRING THE SURVIVORS,  
CELEBRATING HOPE.**



Find out more





# ULMAN

## *The Story*

Ulman Foundation is a non-profit organization dedicated to supporting young adults and their loved ones impacted by cancer. Founded in 1997 by Doug Ulman, the foundation's mission was born from Doug's personal battle with cancer. At just 19 years old, while preparing for his sophomore year as a Division I soccer player at Brown University, Doug was diagnosed with chondrosarcoma—a rare form of bone cancer. This life-changing experience inspired Doug to create a community of support for young adults facing the same challenges, helping them navigate the emotional and practical struggles that accompany a cancer diagnosis.

One of the foundation's flagship initiatives is Ulman House, a home away from home for young adult cancer patients and their families. Located in Baltimore, Maryland, Ulman House provides free lodging and a supportive environment for patients undergoing treatment at nearby hospitals. It embodies the foundation's mission to ease the burdens of cancer, creating a space of comfort and community for those on their healing journey.



## The Ulman House

Since 2019 The Ulman House has been providing housing for young adult cancer patients & their caregivers

Come learn more on  
**October 19th & 20th**

### Amenities

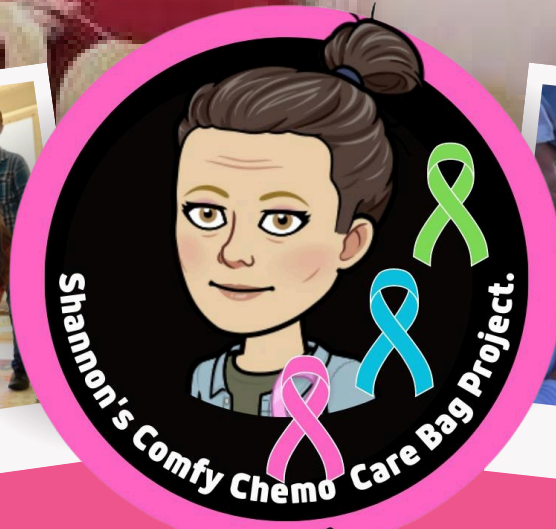
- Community Programs
- Support & Resources
- Housing
- Gym & Music Room
- Events
- A safe place to heal

**DONTATE**



**Learn More!**

[www.ulmanfoundation.org](http://www.ulmanfoundation.org)



# Donate to Brighten Lives in Need!

Shannon's Comfy Chemo Care Bag Project was started right here in our backyard of Crofton, Maryland. In 2017, after going through her own battle with cancer; Shannon looked for an opportunity to support those going through their own chemo journey. Learn more about why Ashling is choosing to donate to this incredible organization by going to our website.


**CHECK OUT MY AMAZON WISHLIST**



**DONATE**



Come learn more on **October 19th & 20th**

 **Crofton, Maryland**

## Types of Donations

- Amazon Wish List
- Cash
- Electronic Payments
- Comfy Items
- & More

**Learn More!**

[www.comfychemocarebagproject.org](http://www.comfychemocarebagproject.org)

# *Pinktober* **BRUNCH**



\* 10:30 A.M. -2:30 P.M.

\* ASHLING KITCHEN  
& BAR

# 19 & 20 OCTOBER

- \* LIVE MUSIC
- \* RAFFLES & PRIZES
- \* SPECIAL MENU ITEMS
- \* VENDORS & MORE!  
PERMANENT JEWELRY | COOKIES | & MORE



ASHLING

PORTION OF PROCEEDS GO TO THE ULMAN HOUSE & SHANNONS COMFY CHEMO CARE PACKAGE

FAB & fused  
Love at first zap 4





*Enter!  
to Win!*



# RAFFLE BASKETS

Want a chance to win great prizes? Activate your sweepstakes entry now! Raffle contests give you the chance to win big and support great causes. Starting October 1st, come in to Ashling and enter to win one of our amazing raffle baskets! 100% of proceeds go to cancer research and support. Winners will be selected on October 31st at noon.



**\$5 EACH**  
OR  
**5 FOR \$20**



# ASHLING



THE  
**THEATER**  
AT MGM NATIONAL HARBOR



LOVE STRUCK  
TATTOO

**LYRIC**  
BALTIMORE



**CROFTON  
FLORIST**

-Where Readers Grow-

SAGE  
vintage





**R&V**  
Liquors



NAVAL  BAGELS

**MAI NAILS**

 1286 State Route 3 South  
Crofton, Maryland 21114

 443 332 6100

 Monday: Closed  
Tuesday-Thursday: 4PM-9PM  
Friday: 4PM-10PM  
Saturday: 12PM-10PM  
Sunday: 10:30AM-3PM & 4PM-8PM

 @ashlingco

 www.ashlingco.com

**PINKTOBER**

